

Sherborne

Gloucester. The Music was by pipe and tabor (whittle and dub).
Dances number about 14, including 1 stick dance and 4 jigs.

Figures

Foot up, Side by side, Back to back, Face to face, Half rounds, Half hey and Whole hey.

Foot up is up and down, turning to face out on the 1st **Foot together jump.**

Face to face each man reaches his partner's place as in **Whole gip**, makes a half turn (counter clock-wise in 1st half, clock-wise in 2nd) to return backwards to his place, passing left shoulders in the 1st half, right in 2nd.

Steps

Sherborne 4-step is unusual. the hop coming on **2nd** beat | **right right left right** |.
The back step is | **Shuffle | Shuffle | Foot together jump** |.

Side step is open right foot.

Galley is normally followed by **Foot together jump.**

Half caper are 'forries' | **RIGHT left right | LEFT right left** |.

Fore caper (kick capers) are | **right Heel(left) LEFT right | left Heel(right) RIGHT left** |.

Upright caper are kick jumps (splits) | **Cross Cross Split Together** |

Figures

Once to yourself is 2 bars **Shuffle, Together**

Foot up is 2 bars **Sherborne step, Shuffle, Foot together jump.**

Side by side, Back to back and **Face to face** the footing is **Sherborne step, Foot together jump, Shuffle** and **Foot together jump**, repeat.

Half rounds and **Whole hey**, 2 bars **Sherborne step, Galley**, repeat. Start on outside foot.

Finish with 4 **Plain caper**, facing up

Arm movements

Down and up with **Sherborne step, Plain caper, Half caper** and **Fore caper.**
Two twists with arm only from the wrist. with the arm held very high, with **Side step**, arms pushed forward, straight, poised, in **Foot together jump.**

Fore caper they are out, back, up, out.

Upright caper they are out, out, back, forward.

Galley arms are out.

Stick Dances

CONSTANT BILLY

Two short sticks per man. Strike own sticks in cross at above eyes on every jump.

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is:

| **Own - Right - | Own - Left - | Own - Right - | Own - Both - |** and **Half key** repeat.

Odds striking outwards on **both**.

Handkerchief Dances

THE BLUE EYED STRANGER

The same as The Old Woman (2/2 time version). The tune is a version of Country Gardens.

THE CUCKOO'S NEST

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Face down at the end of each figure except **Whole hey**.

Chorus is caper in column facing down. Bottom couple **4 Plain caper**, then middles **4 Plain caper**, then tops 2 bars **Sherborne step**, all **Galley** out and face up. Repeat.

HOW D'YE DO

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is Corners **Side step** and **Cross**

Side step is | **2 Side step(right) | 2 Side step(left) |**

Cross is

1st time | **Salute(right) | Salute(left) | 4 Plain caper |**

2nd time | **Galley(right) | Galley(left) | 4 Plain caper |**

3rd time | **2 Fore caper | 4 Plain caper |**

4th time | **2 Upright caper | Upright caper | 4 Plain caper |**

Cross on **4 Plain caper** and face **out**. **Salute** is sung, "How D'ye Do?"

LADS A BUNCHUN

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is Corners **Cross**

1st time | **Side step(right) | Side step(left) | Salute(right) | Salute(left) |**

| **2 Half caper | Galley(right) | Foot together jump |**

2nd time | **Side step(right) | Side step(left) | Galley(right) | Galley(right) |**

| **2 Half caper | Galley(right) | Foot together jump |**

3rd time | **Side step(right) | Shuffle | Side step(left) | Foot together jump |**

| **2 Fore caper | Galley(right) | Foot together jump |**

4th time | **Side step(right) | Shuffle | Side step(left) | Foot together jump |**

| **2 Upright caper | Galley(right) | Foot together jump |**

THE OLD WOMAN TOSSED UP IN A BLANKET

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is | **Side step(right) | Shuffle | Side step(left) | Foot together jump |** and **Half key**, repeat.

Sidestep is danced facing front.

THE ORANGE IN BLOOM

Once to yourself, Foot up, Chorus, Half rounds, Chorus, Half rounds, Chorus, Half rounds, Chorus, Whole hey

Chorus is Corners Cross

1st time | **Side step**(right) | **Side step**(left) | **Salute**(right) | **Salute**(left) |
| **2 Sherborne step** | **Galley**(right) | **Foot together jump** |.
2nd time | **Side step**(right) | **Side step**(left) | **Galley**(right) | **Galley**(left) |
| **2 Sherborne step** | **Galley**(right) | **Foot together jump** |.
3rd time | **4 Fore caper** | **2 Sherborne step** | **Galley**(right) | **Foot together jump** |.
4th time | **4 Upright caper** | **2 Sherborne step** | **Galley**(right) | **Foot together jump** |.

TRUNKLES

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is Corners **Side step** and **Cross**.

Side step is | **Side step**(right) | **Shuffle** | **Side step**(left) | **Foot together jump** |

Cross is

1st time | **4 Sherborne step** | **Galley**(right) | **Foot together jump** |.
2nd time | **4 Half caper** | **Galley**(right) | **Foot together jump** |.
3rd time | **4 Fore caper** | **Galley**(right) | **Foot together jump** |.
4th time | **4 Upright caper** | **Galley**(right) | **Foot together jump** |.

YOUNG COLLINS

Once to yourself, Foot up, Chorus, Side by side, Chorus, Back to back, Chorus, Face to face, Chorus, Whole hey

Chorus is

| **3 Clap**(front) - | **3 Stamp**(right) - | **3 Clap**(front) - | **3 Stamp**(left) - | **Half key**, repeat.

Heel and toe Dance

THE MONKS' MARCH

No handkerchiefs. This step is used throughout except in the corner movements, At the end of the 1st half of each movement the final hop is omitted (i.e. pause with heel down) : at end of 2nd half, and in **Once to yourself**, stepping is right Toe.

Outside foot. Arms down and up once only in each bar, and high forward at the end of each phrase. See Bacon or MB. If I ever understand Bacon on this, I will let you all know!

Once to yourself, Foot up, Chorus, Side by side, Chorus, Face to face, Chorus, Back to back, Chorus, Whole hey

Chorus is:

1st time corners and partners **Salute**(right) and **Half key** repeat.
2nd time corners and partners **Galley**(right) and **Half key** repeat.
3rd time corners and partners **Fore caper** and **Half key** repeat.
4th time corners and partners **Upright caper** and **Half key** repeat.

Jigs

Usually 2 dancers. They dance alternately, moving up into position, while the man who just danced walks or dances in a clock-wise circle between audience and man who in dancing, finishing behind him.

I'LL GO AND ENLIST FOR A SAILOR

1 dancer **Once to yourself**,
Foot up, **Walk round**, Jig, **Walk round**,
Half caper, **Walk round**, Jig, **Walk round**,
Fore caper, **Walk round**, Jig, **Walk round**,
Upright caper, **Walk round**, Jig, **Walk round**, **Foot up**

2 dancers

1st dancer **Once to yourself**,
Foot up, **Dance round**, Jig, **Dance round**,
Fore caper, **Dance round**, Jig, **Dance round**,
Upright caper, **Dance round**, Jig, **Foot up**.

2nd dancer Rest until 1st dances round,
Foot up, **Dance round**, Jig, **Dance round**,
Fore caper, **Dance round**, Jig, **Dance round**,
Upright caper, **Dance round**, **Foot up**.

Foot up variable.

In MB IV, | **6 Sherborne step** | **Shuffle** | **Foot together jump** |.

In MSS,

- i) | **4 Sherborne step** | **Galley(right)** | **Galley(left)** | **Shuffle** | **Foot together jump** |,
- ii) | **2 Sherborne step** | **Galley(right)** | **Galley(left)** | **2 Sherborne step** | **4 Plain caper** |.
- iii) | **4 Sherborne step** | **Galley(right)** | **Galley(left)** | **4 Plain caper** |. Arms down, up, twist, twist, repeat.

Jig is | **Side step(right)** | **Shuffle** | **Side step(left)** | **Shuffle** |
| **2 Sherborne step** | **4 Plain caper** |

Half caper is | **8 Half caper** | **Sherborne step** | **Galley** | **4 Plain caper** | at medium tempo.

Fore caper is | **4 Fore caper** | **Sherborne step** | **Galley** | **4 Plain caper** | at slow tempo.

Upright caper is | **4 Upright caper** | **Sherborne step** | **Galley** | **4 Plain caper** | at slow tempo.

Walk round is swagger round, dragging feet, occasionally interpolating a step, caper or galley.
Arms lazily down up.

Dance round is | **4 Sherborne step** | **Galley(right)** | **Galley(left)** | **Shuffle** | **Foot together jump** |,

JOCKEY TO THE FAIR

Once to yourself, **Foot up**, **Dance round**, Jig, **Dance round**, **Fore caper**, **Dance round**, Jig,
Dance round, **Upright caper**, **Dance round**, Jig

Foot up is | **5 Sherborne step** | **Shuffle** | **4 Plain caper** |.

Jig is | **Side step(left)** | **Shuffle** | **Side step(right)** | **Shuffle jump** |
| **2 Half caper** | **2 Plain caper** | **3 Half caper** | **2 Plain caper** |
| **LEFT right right** | **4 Plain caper** |

Fore caper is | **4 Fore caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |.

Upright caper is | **4 Upright caper** | **2 Sherborne step** | **Shuffle** | **Foot together jump** |.

Dance round improvising with galleys, **Half caper**, etc.

PRINCESS ROYAL

Once to yourself, **Foot up**, Jig, **Fore caper**, Jig, **Upright caper**, Jig

Once to yourself is | **Shuffle** | **Foot together jump** |.

Jig is **Side step** with **Shuffle**, 2 bars clapping | **Clap**(front) **Clap**(under right leg) **Clap**(front) | **Clap**(front) **Clap**(under left leg) **Clap**(front) | 2 **Half caper** | 2 **Sherborne step** | 4 **Plain caper** |

Fore caper is | 4 **Fore caper** | 2 **Sherborne step** | **Shuffle** | **Foot together jump** |. Heel kicks ground on 1st beat.

Upright caper is | 4 **Upright caper** | 2 **Sherborne step** | **Shuffle** | **Foot together jump** |. Land from split on 1st beat.

Note there is an extra step between the capers and **Sherborne step**, which therefore start on left foot.

THE SHERBORNE JIG

Also known as MY LORD OF SHERBORNE JIG.

2 dancers

1st dancer **Once to yourself**,

Foot up, Dance round, Kneel caper, Walk round,

Foot up, Dance round, Quick caper, Walk round,

Foot up, Dance round, Fore caper, Walk round,

Foot up, Dance round, Upright caper, Walk round, Foot up, Foot up.

2nd dancer Rest until 1st dances round,

Foot up, Walk round, Kneel caper, Dance round,

Foot up, Walk round, Quick caper, Dance round,

Foot up, Walk round, Fore caper, Dance round,

Foot up, Walk round, Upright caper, Dance round, Foot up.

Foot up is | 2 **Sherborne step** | **Shuffle** | **Foot together jump** |.

Dance round is | 2 **Sherborne step** | **Galley(left)** | **Foot together jump** |. Track as in GO AND ENLIST.

Walk round is walk from front position to rear clockwise.

Kneel caper is 3 times | **Cross Cross Cross** | **Together Kneel -** | and then

| **Shuffle Foot together jump** |. **Cross** is **Left** placed behind first time. **Kneel** is on the second beat.

Quick caper is | **right left right** | **LEFT – right** | etc.

Fore caper | **right Heel(left) right** | **LEFT – right** | etc.

Upright caper - | **Cross Cross Cross** | **Split - Together** |.

The phrasing of all capers is in 6/4 rather than 3/4 time).